



Leadership in Concept **EI AND NLP**

Amygdala

Involved in emotional responses



Lead with EI

Workplaces are becoming more diverse and dynamic.

The ability to **connect with team members** on an emotional level is crucial for success.

Lead with NLP

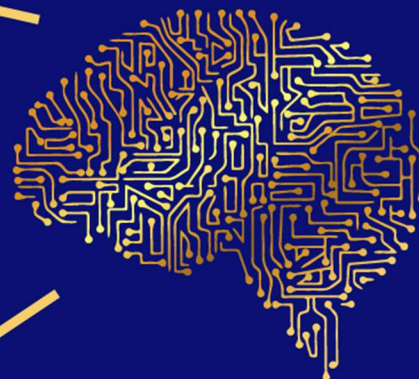
Reshape their thoughts and behavior patterns.

Embrace
Mindfulness

Constantly regulate
your Emotions

Listen with
Empathy

Seek
Feedback



Leadership in Practice

How can you foster *Emotional Intelligence?*

How can I create an emotionally safe workspace? What role does trust play in this?



How can you apply *NLP Techniques?*

1. BECOME MORE AWARE

How can I recognize and change limiting beliefs?

2. COMMUNICATE EFFECTIVELY

How can I improve my communication skills?

3. INFLUENCE & INSPIRE

How can I best influence and inspire my team to reach a shared vision?

4. ENHANCE EMOTIONAL INTELLIGENCE

What can I do to improve how I emotionally connect with my team?